Hydraulic Fracturing Linked to Increases in Hospitalization Rates in the Marcellus Shale Region, According to Penn Study

PA residents in counties with high well density more likely to be admitted for suite of ailments

PHILADELPHIA – Hospitalizations for heart conditions, neurological illness, and other conditions were higher among people who live near unconventional gas and oil drilling (hydraulic fracturing), according to new research from the University of Pennsylvania and Columbia University published this week in *PLOS ONE*. Over the past ten years in the United States, hydraulic fracturing has experienced a meteoric increase. Due to substantial increases in well drilling, potential for air and water pollution posing a health threat has been a concern for nearby residents.

To address this issue, researchers from two Environmental Health Science Core Centers (EHSCC) of the National Institute of Environmental Health Sciences -- the Center of Excellence in Environmental Toxicology (CEET) at Penn’s Perelman School of Medicine and the Center for Environmental Health in Northern Manhattan at the Mailman School of Public Health, Columbia University, examined the link between drilling well density and healthcare use by zip code from 2007 to 2011 in three northeastern Pennsylvania counties.

Using databases that contained over 198,000 hospitalizations (which includes multiple hospitalizations for the same person), the team examined the top 25 specific medical categories for hospitalizations, as defined by the Pennsylvania Health Cost Containment Council. They associated these categories with residents’ proximity to active wells. Two of the counties -- Bradford and Susquehanna -- saw a significant increase in drilling activity over this time period, while the control county, Wayne, experienced no drilling activity due to a ban on drilling in that county because of its proximity to the Delaware River watershed.

“This study captured the collective response of residents to hydraulic fracturing in zip codes within the counties with higher well densities,” said senior author Reynold Panettieri, Jr., MD, a professor of Medicine and CEET deputy director. “At this point, we suspect that residents are exposed to many toxicants, noise, and social stressors due to hydraulic fracturing near their homes and this may add to the increased number of hospitalizations. This study represents one of the most comprehensive to date to link health effects with hydraulic fracturing.”
However, the authors caution that more study is needed to determine how specific, individual toxicants or combinations may increase hospitalization rates. For example, the increase in cardiology hospitalizations could be related to an increased exposure to air pollution such as diesel exhaust and fine particulate matter; however, this would require personal monitoring studies to measure exposure to specific toxicants, Panettieri notes. “Our findings provide important clues to design epidemiological studies to associate specific toxicant exposures with health end-points.”

Their findings revealed that cardiology and neurologic inpatient prevalence rates (the proportion of a population found to have been hospitalized per 100 residents per year) were significantly higher in areas closer to active wells, as determined by the proximity of wells to a person’s home and their density as defined by the number of active wells per square kilometer. In addition, increased neurologic inpatient prevalence rates were associated with higher well density. Hospitalizations for skin conditions, cancer, and urologic problems were also associated with the proximity of dwellings to active wells.

The team found that 18 zip codes had a well density greater than 0.79 wells per square kilometer, and residents living in these zip codes were predicted to have a 27 percent increase in cardiology inpatient prevalence rates for each year this specific active well density existed compared to Wayne County residents where there is no drilling. The researchers aim to look at specific types of health problems within these broad categories in the future.

While the study does not prove that hydraulic fracturing actually causes these health problems, the authors say, the hospitalization increases observed over the relatively short time span of observation suggests that healthcare costs of hydraulic fracturing must be factored into the economic benefits of unconventional gas and oil drilling.

This study was supported by the National Institute of Environmental Health Sciences (P30-ES013508, P30-ES009089). The EHSCCs belong to an inter-Center Working Group on Hydraulic Fracturing, which is a consortium of the nation’s EHSCCs, chaired by co-author Trevor Penning, PhD, CEET director.

Co-authors are Thomas Jemielita, George L. Gerton, Marilyn Howarth, Pouné Saberi, Nicholas Fausti, Jason Roy, and Kathleen J. Propert, all from Penn, and Matthew Neidell, Steven Chillrud, Beizhan Yan, and Martin Stute, all from Columbia.

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